

# Sheet Thickness

Sheet materials in FRC come in standard thickness increments. These increments strongly affect stiffness, weight, and how parts behave under load.

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## Common Sheet Thickness Increments

Most sheet materials (aluminum, polycarbonate, plastics) are typically available in:

- 1/16"
- 1/8"
- 3/16"
- 1/4"
- 3/8"
- 1/2"

These standard sizes are what most FRC designs are based on.

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## How Thickness Affects Strength

### 1/16"

- Very lightweight
  - Low stiffness
  - Easily flexes under load
  - Best for non-structural covers or light panels
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### 1/8"

- Common general-purpose thickness
  - Good balance of stiffness and weight
  - Widely used for gussets and light structural plates
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### 3/16"

- Noticeably stiffer than 1/8"
- Much better resistance to bending and vibration

- Used when higher structural rigidity is needed
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## 1/4"

- High stiffness and strength
  - Strong resistance to bending and impact
  - Significant weight increase
  - Used for structural or high-load plates
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## 3/8"

- Very rigid
  - Used in specialized high-load or mounting applications
  - Often heavier than necessary for most robot mechanisms
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## 1/2"

- Extremely stiff and strong
  - Minimal flex even under heavy loads
  - Very heavy for robotics use
  - Typically reserved for specialty or extreme-load components
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## Why Teams Pocket Parts

- Reduces weight without fully reducing stiffness where it matters
  - Maintains strength along outer load paths while removing unnecessary material
  - Improves robot performance by lowering overall mass
  - Allows designs to stay structurally efficient instead of uniformly overbuilt
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## Key Idea

FRC sheet design is about balancing standard thickness options with strategic material removal. Pocketing helps teams keep strength where needed while eliminating excess weight.

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